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TECHNICAL
BRIEF. 2

Community Strategy

Clinical Services

Health Communication

Monitoring & Evaluation

Strengthening the health system's capacity to provide post-rape care

Sexual violence is a serious health and human rights problem in Kenya. Sexual violence affects men and women, boys and girls and has adverse physical and psycho-social consequences on the survivor.¹

APHIA^{plus} Nuru ya Bonde addresses sexual and gender-based violence (SGBV) in line with the program goal of improving access and use of quality reproductive health and HIV services at all levels.

Minimum package of post-rape care

- Minimum package of post-rape care services
- History taking, examination and documentation
- PEP administration within 72 hrs.
- HIV testing and counselling
- Pregnancy prevention
- STIs treatment and prevention
- Trauma counseling/ adherence counseling and referral for support
- Counseling & follow-up
- Custody of evidence.

Broad objectives

APHIA^{plus} Nuru ya Bonde interventions in SGBV are aligned with national objectives, which are:

- To influence policy reforms and strengthen delivery of quality HIV, sexual and reproductive health (SRH) services to populations that are vulnerable and most-at-risk as well as those with special needs.
- To strengthen organizational capacities and coordination among partners to contribute to sustainable human resource for quality SGBV/PRC and community HIV services.

Through the two strategies the program aims to increase demand, access and uptake of comprehensive post-rape care services. The program emphasizes referrals and linkages between different stakeholders.

Program strategies

1. Clinical interventions

Medical management of sexual violence survivors is essential in mitigating against adverse effects of the violence. In this areas, APHIA^{plus} Nuru ya Bonde is:

- Supporting health management teams to strengthen post-rape services at health facilities and ensure proper support at police stations.
- Disseminating guidelines, standard operating procedures and reporting tools on management of post-exposure prophylaxis (PEP) for survivors of sexual and gender-based violence.
- Supporting MOH to establish gender-based recovery centres to offer comprehensive clinical and psychological services.
- Building the capacity of service providers to offer quality services through sensitization, mentoring, on-the-job training and support supervision.
- Working with MOH to ensure a reliable supply of emergency contraceptives and PEP.
- Supporting the private sector to offer quality services by providing training.
- Orientation, mentorship, support supervision, and national guidelines and tools.

¹ National Guidelines on Management of Sexual Violence in Kenya

2. Community-level interventions

- Building the capacity of community organizations to address SGBV by supporting community dialogue on cultural practices that encourage SGBV including female genital mutilation, training local organizations and engaging opinion and cultural elders.
- Collaborating with stakeholders to strengthen gender and child protection unit services.
- Training community health workers to address SGBV by referring clients for clinical and services, and establishing alcoholic anonymous (AA) clubs in the community as one way to tackle root causes.

Priority activities

- APHIAplus will conduct gender analysis. The findings will inform efforts to mainstream gender in all interventions. The project will also:
- Provide on-the-job training and mentor health workers at district hospitals and ART sites to provide quality post-rape care services.
- Support the MOH to establish a regional SGBV forum.
- Support the MOH to integrate post-rape care services in health facilities.
- Support the MOH to establish two gender violence recovery centres in Nanyuki and Narok, which are reporting high numbers of survivors.
- Ensure delivery of quality services in facilities by providing guidelines and reporting tools, mentorship and support supervision. Client interviews will be used to assess and improve the quality of services.
- Work with Gold Star Kenya, one of the strategic partners, to support private-sector service providers to offer quality services in line with national guidelines.
- Support the MOH to strengthen referrals between community, facilities and other service providers.
- Support community education and mobilization in collaboration with the APHIAplus Community Health Strategy and Health Communications teams and local leaders.
- Support formation of support groups for survivors of sexual and gender based violence.
- Support quarterly meetings to sensitize local organizations supported by APHIAplus Nuru ya Bonde on SGBV.

Selected partnerships

Ministry of Gender and Social Development: APHIAplus Nuru ya Bonde works closely with the Government to address sexual and gender-based violence. We work closely with the Children Department to sensitize its officials on SGBV and PRC. This enables the Children's Department refer cases to facilities for services and to support the judicial process. The department is also able to receive cases referred from the facilities for safety and protection.

Joint Sexual and Gender-Based Violence Forums: These forums are implemented by the MOH in every district with support from APHIAplus Nuru ya Bonde. The forum brings together health care providers, community leaders, local administration, court officers and the police. Its main objective is to create a common understanding of post-rape care services and the roles of the different stakeholders in supporting survivors and perpetrators to obtain quality and timely services and ensuring justice is done. The project also works in partnerships with the Ministry of Education and diverse stakeholders including churches, NGOs and community organizations.

Strategic Information

APHIAplus Nuru ya Bonde is working with the MOH to strengthen collection, analysis and use of information on sexual and gender-based violence at different levels.

Hospital supported by April 2012

District Hospitals supported by April 2012: Molo, Gilgil, Nanyuki (Laikipia East), Laikipia West, Kapsara (Trans Nzoia East), Endebbes (Kwanza), Baringo, Chebiemit (Marakwet East), Tot (Marakwet West), Ngong (Kajiado North), Kajiado Central, Ongata Rongai, Loitoktok, Narok North, Ololunga (Narok South), Mogotio, and Koibatek.

The program has also supported a number of ART sites in several districts.



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