

# I WAS ASSAULTED

What's next?

**If you get help within 3 days of being exposed, PEP can protect you from HIV and other diseases, and can help you avoid becoming pregnant.**

PEP can help you to cope with trauma through counseling.

Remember – PEP is not a substitute for safe sex. Using condoms is the best way to protect yourself from HIV.

## What happens when I go to the clinic?

*When you come in, a caring doctor will:*

- » Treat your injuries
- » Test for HIV, other infections, and pregnancy
- » Help you decide if PEP is right for you



## Where can I get PEP?

*Not every medical center in PNG can provide PEP. If you have been raped or had unprotected sex, you can access PEP through:*

- » the Family Support Centre at your local hospital
- » your local, government-run community health clinic
- » an HIV Voluntary Confidential Counselling and Testing (VCCT) Centre



## What happens if I decide to take PEP?

*You will receive:*

- » Pills to protect you from HIV
- » Treatment to avoid other infections
- » Medicine to prevent unwanted pregnancy



If you've been raped,  
PEP may protect you  
from HIV up to  
**72 hours**  
after exposure.

What's PEP?

**Post-exposure  
prophylaxis (PEP) is  
medicine to protect  
you from HIV if you  
have been raped or had  
sex without a condom.**

You need to start PEP within 72 hours  
(3 days) of being exposed to HIV. If  
you think you need PEP, get to a clinic  
as soon as possible.



Remember, PEP is only  
effective if taken within 3 days  
of exposure, so **get to your  
nearest healthcare center as  
soon as possible.**

**3**

days



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