



MALE CIRCUMCISION COUNSELLING POINTS

DEFINITION: Male circumcision is the surgical removal of the foreskin from the penis.

BENEFITS:

- MC lowers the risk of acquiring HIV and other sexually transmitted infections (STIs.)
NOTE. Male circumcision does not provide full protection against HIV. It is important to continue practicing other HIV prevention methods.
- It is easier to maintain penile hygiene
- MC decreases the risk of urinary tract infections.
- MC prevents several medical problems of the penis and foreskin (e.g. balanitis, Phimosis, Paraphimosis.)
- It reduces the likelihood of you infecting your partner with the Human Papilloma Virus

PROCEDURE:

- HIV testing is offered as part of the procedure
- A clinical assessment is done
- An anaesthetic is used to reduce the pain
- The operation takes less than ONE hour
- Pain killers are given BEFORE and AFTER the procedure.

ADVICE AFTER OPERATION:

- Keep the wound clean and dry
- Adhere to the reviews; 2 days, 7 days, 4 weeks
- Abstinence for six weeks to allow the wound to heal
- Use of condoms for protection
- Be faithful to one partner.

POSSIBLE RISKS:

- Pain
- Bleeding ± Haematoma formation
- Infection of the wound
- Increased sensitivity

