

SOCIAL EMOTIONAL LEARNING IN EMERGENCIES

Global Education

FHI 360 works side by side with ministries, communities, schools, teachers, and families to create education systems that respond to the complex, dynamic and diverse needs of the people they serve. Our programs:

- Utilize evidence-based approaches to develop programs in early childhood, primary and secondary education
- Strengthen education systems that help youth acquire the skills they need to succeed in the workforce and become productive citizens
- Provide curriculum and materials development and teacher professional development
- Strengthen community mobilization
- Ensure gender equality and inclusive education



FHI 360 is a global thought leader in SEL:

- Co-chair of USAID Education in Crisis and Conflict Network (ECCN)
- Leader of the Equity Initiative Teacher Well-Being Task Team
- Member of Interagency Network for Education in Emergencies (INEE) PSS/SEL collaborative
- Co-author of paper on PSS/SEL in displacement with the Global Education Monitoring Report at UNESCO
- Co-convenor of SEL USAID/ECCN Policy Roundtable in June 2018 resulting in SEL integration in the USAID Education Policy

SOCIAL EMOTIONAL LEARNING AT FHI 360

FHI 360's Education in Emergencies team offers holistic conflict-sensitive interventions that focus on displaced learners' well-being. This approach includes establishing safe education and classroom environments, supporting school leaders and teachers with comprehensive professional development and providing social-emotional learning (SEL) activities for learners, school personnel and caregivers.

SEL helps children and adults acquire and use the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions.

The short and long-term outcomes associated with these SEL interventions include improvements in enrollment and attendance, increased academic achievement, positive social behaviors and long-term positive health along with decreases in aggression and substance abuse. Additionally, SEL interventions have been proven to reduce and reverse the harmful effects of exposure to prolonged violence, abuse and neglect.

About FHI 360: FHI 360 is a nonprofit human development organization dedicated to improving lives in lasting ways by advancing integrated, locally driven solutions. Our staff includes experts in health, education, nutrition, environment, economic development, civil society, gender, youth, research, technology, communication and social marketing—creating a unique mix of capabilities to address today's interrelated development challenges. FHI 360 serves more than 70 countries and all U.S. states and territories.

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THE FIVE SEL COMPETENCIES

FHI 360 SEL programs pull from the globally recognized Collaborative for Academic, Social and Emotional Learning evidence-based competencies:

- 1. Self-awareness:** to accurately recognize one's own emotions, thoughts and values and how they influence behavior.
- 2. Social awareness:** to take the perspective of and empathize with others, including those from diverse backgrounds and cultures.
- 3. Responsible decision making:** to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns and social norms.
- 4. Self-management:** to successfully regulate one's emotions, thoughts and behaviors in different situations.
- 5. Relationship skills:** to establish and maintain healthy and rewarding relationships with diverse individuals and groups.

FHI 360 implements guided SEL lessons, integrates SEL into reading instruction, offers SEL-specific pedagogical practices and infuses SEL into play-based recreational and extracurricular activities that are adapted and contextualized according to each program and the needs of beneficiaries.

FHI 360 EDUCATION IN EMERGENCIES SEL PROGRAMS

In **NORTHEAST NIGERIA**, more than 300,000 conflict-affected children and youth have access to safe, caring and nurturing places to learn, develop and be protected. A range of education activities, some that use the Safe Healing and Learning Spaces Toolkit, include sequenced and explicit SEL lessons and games and recreational activities that strengthen learner's social emotional skills. Mindfulness is integrated throughout, helping children and youth develop awareness, focus and concentration while reducing anxiety and emotional distress.

In post-conflict southern **SENEGAL**, programs address children's social-emotional needs through a comprehensive school climate package that specifically targets school-related gender-based violence. Interventions include teacher professional development and coaching, boys and girls school leadership clubs, establishing reporting systems, remedial tutoring and parent outreach and awareness of SEL principals and protection-related topics.

In **EL SALVADOR**, FHI 360 implements a Teacher Social-Emotional Learning Workshop series to help teachers in schools affected by a high prevalence of gang violence improve their SEL capacity and well-being. This series provides 120 hours of comprehensive professional development for 3,000 teachers to develop essential SEL competencies using mindfulness-based strategies to improve their overall well-being and resilience. A rigorous study will measure teachers' well-being improvements and the linkage between well-being and classroom climate.

All FHI 360 SEL interventions include regular rolling assessments and rigorous experimental studies to inform scenario-based implementation needs and measure program impacts for scale.